

DOG • GOLD • DRY

# Adult Gold with Ancient Grains



**FOOD FOR DOGS** Includes a variety of high-quality ancient grains that bring nutritional diversity and are unique to this recipe.

## DAILY FEEDING RECOMMENDATIONS

Ideal Weight		Less Active Adult		Active Adult	
Pounds (lb)	Kilograms (kg)	Cups* (c) of Food per Day	Grams (g) of Food per Day	Cups* (c) of Food per Day	Grams (g) of Food per Day
5	2.27	1/3	34	1/2	52
10	4.55	1/2	52	7/8	90
15	6.82	7/8	90	1 1/4	129
20	9.09	1	103	1 1/2	155
25	11.36	1 1/8	116	1 3/4	180
30	13.64	1 1/3	137	2	206
35	15.91	1 1/2	155	2 1/4	232
40	18.18	1 2/3	172	2 1/2	258
45	20.45	1 3/4	180	2 2/3	275
50	22.73	1 7/8	193	2 7/8	296
55	25	2	206	3 1/8	322
60	27.27	2 1/4	232	3 1/3	343
65	29.55	2 1/3	240	3 1/2	361
70	31.82	2 1/2	258	3 3/4	386
75	34.09	2 2/3	275	3 7/8	399
80	36.36	2 3/4	283	4 1/8	425
85	38.64	2 7/8	296	4 1/3	446
90	40.91	3	309	4 1/2	464
95	43.18	3 1/8	322	4 3/4	489
100	45.45	3 1/4	335	4 7/8	502

\* Cup indicates standard 8 fl. oz. measuring cup

This chart provides a starting point for feeding your dog. Age, breed, weight, activity level, and other factors will affect the amount of food required. Based on your dog's individual needs, adjust your pet's daily intake up or down to help maintain a healthy body condition; to ensure your dog's good health, see your veterinarian regularly. Two to four times more food may be required for puppies, gestating dogs, or nursing dogs. Spayed or neutered dogs may require up to 25% less food. Always provide your dog with plenty of clean, fresh water. Visit [frommfamily.com/feeding](http://frommfamily.com/feeding) for additional feeding recommendations.

*We're here to help!*

✉ [info@frommfamily.com](mailto:info@frommfamily.com)  
☎ 1-800-325-6331

Please contact us with your pet's breed, age, weight, activity level, spayed/neutered status, and any other special needs or concerns that you may have, and we would be happy to help you find a good starting point based on your pet's nutritional needs.