

# Weight Management

**FOOD FOR DOGS** A grain-free ocean fish recipe for weight reduction or weight maintenance. A special blend of wild caught whitefish and salmon. This food helps control calorie intake without sacrificing other valuable nutrients.



## DAILY FEEDING RECOMMENDATIONS

Ideal Weight		Less Active Adult		Active Adult	
Pounds (lb)	Kilograms (kg)	Cups* (c) of Food per Day	Grams (g) of Food per Day	Cups* (c) of Food per Day	Grams (g) of Food per Day
5	2.3	3/8	38	1/2	50
10	4.6	3/4	75	7/8	88
15	6.8	1	100	1 1/4	125
20	9.1	1 1/8	113	1 1/2	150
25	11.4	1 1/3	133	1 3/4	175
30	13.6	1 2/3	166	2	200
35	15.9	1 3/4	175	2 1/4	225
40	18.2	2	200	2 1/2	250
45	20.5	2 1/8	213	2 3/4	275
50	22.7	2 1/3	233	3	300
55	25.0	2 1/2	250	3 1/8	313
60	27.3	2 3/4	275	3 1/2	350
65	29.6	2 7/8	288	3 2/3	366
70	31.8	3	300	3 7/8	388
75	34.1	3 1/4	325	4	400
80	36.4	3 1/3	333	4 1/4	425
85	38.6	3 1/2	350	4 1/3	433
90	40.9	3 2/3	366	4 2/3	466
95	43.2	3 7/8	388	4 3/4	475
100	45.5	4	400	5	500
110	50.0	4 1/4	425	5 1/4	525
120	54.6	4 2/3	466	5 3/4	575
130	59.1	4 3/4	475	6	600
140	63.6	5 1/8	513	6 1/2	650
150	68.2	5 1/2	550	6 3/4	675

\* Cup indicates standard 8 fl. oz. measuring cup

This chart provides a starting point for feeding your dog. Age, breed, weight, activity level, and other factors will affect the amount of food required. Based on your dog’s individual needs, adjust your pet’s daily intake up or down to help maintain a healthy body condition; to ensure your dog’s good health, see your veterinarian regularly. Two to four times more food may be required for puppies, gestating dogs, or nursing dogs. Spayed or neutered dogs may require up to 25% less food. Always provide your dog with plenty of clean, fresh water. Visit [frommfamily.com/feeding](http://frommfamily.com/feeding) for additional feeding recommendations.

*We're here to help!*

✉ [info@frommfamily.com](mailto:info@frommfamily.com)  
☎ 1-800-325-6331

Please contact us with your pet’s breed, age, weight, activity level, spayed/neutered status, and any other special needs or concerns that you may have, and we would be happy to help you find a good starting point based on your pet’s nutritional needs.